

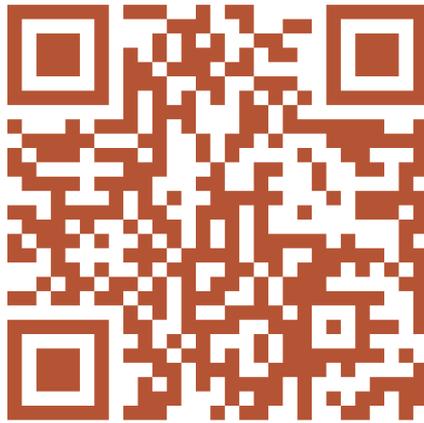


# **D-Group Guide**

A 40 Week Plan for  
Intentional Discipleship



**Access this guide online  
through our website!**



[www.northwaychurch.net/d-groups](http://www.northwaychurch.net/d-groups)



Our desire is that you would grow in your love for God and his people through engaging with his Word and his Bride. We pray that this guide helps you become a disciple who makes disciples.

For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

**Titus 2:11-14**





# Table of Contents

D-Group FAQ.....	pg. 1
D-Group Pillars.....	pg. 2
D-Group Covenant.....	pg. 3
4 Blocks.....	pg. 4-5
Reading Plans.....	pg. 6
Accountability.....	pg. 7
SMART Goals.....	pg. 8
What to Expect.....	pg. 9
Short Term Discipleship (Weeks 1-14).....	pg. 10-23
Long Term Discipleship (Weeks 15-40).....	pg. 24-49
Scripture Memorization Bank.....	pg. 50
Training Tools.....	pg. 51-52
Resources.....	pg. 53



# D-Groups FAQ

## What are D-Groups?

D-Groups are closed Discipleship groups of 3-6 Christians of the same gender who meet weekly for two semesters with the intention of studying Scripture, memorizing Scripture, accountability, and replication.

## What will the D-Group meetings look like?

The D-Groups will meet weekly between an hour and an hour and a half over coffee, a meal, or dessert, in the same location and time if possible. It's not meant to be an extra thing on your already busy schedule. It's meant to be woven into your normal rhythm.

Each week you will go through the Three Third's Process (3/3). You will Look Back, Look Up, and, Look Forward

*Look Back:* First, the group will spend a short amount of time catching up on the week. This is only a small portion of the time because the members will presumably communicate some throughout the week. The group will then walk through loving accountability and Scripture Memorization.

*Look Up:* Next, the group will use the 4 Blocks to talk through Scripture. The first 14 weeks is short-term discipleship material, and in weeks 14-40 each member will use this time to discuss some of what they read devotionally in the previous week. The group will also spend each week with a brief overview of the gospel. Finally, the group will practice a training resource.

*Look Forward:* The group will conclude each week by picking a memory verse, ensuring everyone has a reading plan, deciding each person's roles for the next meeting, and confirming the next meeting time and location.

## What does it mean that the D-Groups are “closed” groups?

To optimize relational trust and effectiveness, these groups are not open for new members to join. Also, there is a standard for the group members to uphold. All members must commit to...

*Sunday Morning Attendance, Small Group Attendance, D-Group Attendance, Devotion Reading, Scripture Memorization, and Accountability*

To maintain the integrity of the group, if a member of a group does not uphold the commitments required, that member will no longer be a part of the group.

## What does it mean that the intention of the D-Groups is replication?

After the two semesters, the goal is that each member of the D-Group will go and start their own D-Group.

## D-Group Pillars

These are the pillars of our D-Groups, the foundations of our intentional discipleship. To be fully effective, a D-Group must include each of these four pillars.

**Gospel Informed Seeking:** Our groups are saturated with God's written Word.

**Gospel Flowing Accountability:** Our groups consist of believers, who in the name of truth and love, are willing to be held accountable and hold one another accountable.

**Gospel Driven Proclamation:** Our groups have an evangelistic emphasis on proclaiming God's glory to the ends of the earth.

**Gospel Sending Discipleship:** At the end of the time together, our groups will replicate through creating new groups.

The gospel, God's grand rescue, is the thread that ties all of these pillars together.

The Word of God is one big story that points to the truth of the gospel. The gospel is what enables us to fight sin through loving accountability. The gospel is the message of good news that we just can't stop talking about and proclaiming to everyone we meet. The gospel is what sends us out to go and make more disciples.

## **D-Group Covenant**

I will commit to the local church.

I will commit to Small Groups.

I will commit to coming to and participating in this D-Group.

I will commit to the spiritual disciplines outlined in this plan (Bible Reading and Journaling, Scripture Memory, Accountability, and Prayer).

I will commit to confidentiality, honesty, and transparency.

I will commit to evangelism.

I will commit to replication.

Date: \_\_\_\_\_

Member Signature: \_\_\_\_\_

## 4 Blocks

### **Purpose**

The Four Blocks tool is intended to help you get the most out of your time with God in the Word. Whether you are spending time digging deep into God's Word or engaging in a shorter study, this tool will be helpful for you. The ultimate goal is that you would know God more intimately through the person of Christ by way of rightly understanding Scripture.

### **Block One: Text**

The Bible is God's Word written and preserved for us. It has dual authorship, meaning it was written by human authors under the inspiration of the Holy Spirit. It is living and active.

What do you know about the literary elements of this passage? (Biblical Context, Historic Context, Author and Audience, Genre, Book Themes, Setting, etc.)

Can you summarize what the passage says?

### **Block Two: Man**

The Bible is living and active. It is relevant for us today. Every passage connects us with truths about mankind that echo through the generations, and ultimately every passage shows us our brokenness and great need. Brokenness permeates the earth and man following the Fall. Every passage shows us a burden that is a result of the Fall. It shows us a burden of brokenness we are unable to lift ourselves.

What are some characteristics of mankind seen in this passage? (Tendencies, Sinful desires, Sinful actions, Misplaced trust, etc.)

What is the burden of the text? What brokenness that echoes from the Fall do we see?

What does this look like in our context?

### **Block Three: God**

The Bible is God's story. He's the hero. All of Scripture teaches us about God, and it ultimately shows us his grand rescue through Jesus. All of Scripture testifies about Christ and his finished work and how he alone is the ultimate solution to lifting our burden and healing our brokenness.

What do you see about God's character and nature?

How does this passage point to Jesus? How is the ultimate burden lifted? How does Christ prove to be the ultimate solution for mankind's brokenness?

How does it fit within the overarching story of Scripture? (Creation, Fall, Rescue, Restoration)

Is there a direct reference to Jesus?

Is there a prophecy about Jesus?

### **Block Four: Action**

What we believe about God will always influence what we do. Our beliefs drive our actions.

What actions flow from these truths? If we were to truly believe the truths about man and God seen in this passage, what would be our response?

## Reading Plan

Here are some recommendations for your reading plan: You should have a plan that is primarily Scripture based. Each day you do your devotion time, keep a journal of some sort. We recommend some version of the 4 Blocks method, but it does not have to be this method. The key is to ensure that you are jotting down something as you do your devotion.

### “Don’ts”

Don’t pick a plan that is someone else’s commentary with a few verses tacked on to it. Whatever you pick should be primarily Scripture based. While other people’s thoughts and wisdom can be helpful, God’s Word should be our emphasis.

Don’t use the “just randomly flip to a page and point” approach. Having a plan will help with consistency, and it will help with understanding the context of the passage.

### Reading Plan Suggestions

Work your way through a book of the Bible. Read a passage a day. It does not have to be a large passage, but it does need to be long enough to be a complete story/thought.

#### Suggested books

The Gospel of John

The Gospels

Proverbs

Psalms

Paul’s Letters

Wisdom literature

Genesis

#### Other Reading Plans

Do a “Bible in a year” plan

Foundations

Foundations New Testament Plan

Proverb a Day for a month

Read a chapter of a book of the Bible for a week.

*Ex: Read John 1 every day for a week.*

Do a YouVersion plan (The Bible Project has some great plans)

Use The Bible Project app to read through the Torah

## **Accountability**

Being willing to be held accountable and being willing to hold others accountable is crucial to the life of the follower of Jesus. The following questions are good for helping unveil hidden sin in our lives. To have optimum accountability, we should personally reflect on the sin in our own hearts. We would greatly benefit from asking ourselves these questions regularly, if not daily. These questions are also a great tool to ask one another in our weekly meetings so we can better help one another to identify and fight sin.

### **Sample Questions**

Have you had any external responses that might be indicators of sin in your heart?

Have there been any moments of friction this past week? (Disappointment, frustration, sadness, anxiety, fear, unsettling, etc.) Friction can oftentimes be an indicator of deeper sin.

What is the root of the sin? What is the lie you are believing?

How does the truth of the gospel speak to that lie?

Is there anyone that you need to apologize to, ask for forgiveness from, or reconcile with?

## SMART Goals

Each week you should make SMART Goals to help build spiritual disciplines and help fight sin. Spiritual disciplines include, but are not limited to prayer, reading/reflecting/meditating on Scripture, sharing the gospel for others, and living in Christian community (church attendance, small groups, accountability, helping others, etc.). We must remember that everything we do flows from the gospel and be sure we don't slip into legalism, but making SMART Goals is a good way to help build habits. SMART is an acronym that stands for Specific, Measurable, Attainable, Relevant, and Time-Based.

**Specific:** While broad goals are good for the big picture, long term growth goals, they are less effective for week to week goals. You should specify what you are going to do.

**Measurable:** The goal you make should be something that can actually be measured.

**Attainable:** It's easy to make big and lofty goals, but these are not always helpful because they leave us feeling overwhelmed. While the SMART Goal you set should be challenging, it should also be attainable.

**Relevant:** Your SMART Goal should relate to your overall goal.

**Time-Based:** You should have a set amount of time you will measure.

### SMART Goal Examples

SMART Goal: Set a timer for 5 minutes and pray for 5/7 days this week.

Bad SMART Goal: Pray more this week (not specific, measurable, or time-based)

Bad SMART Goal: Spend 2 hours in prayer each day this week (not attainable)

SMART Goal: Pray for each person on my oikos map at least once this week.

Bad SMART Goal: Be better at evangelism (not specific, measurable, or time-based)

Bad SMART Goal: Share the gospel with at least 100 people this week. (not attainable)

SMART Goal: Read one chapter of the Bible 5/7 days this week.

Bad SMART Goal: Read through all of Psalms this week (not attainable)

Bad SMART Goal: Read one verse this week (not enough to push you)

## What to Expect Each Week

60–90 Minutes Total

### Look Back

**Weekly Update (<5 minutes):** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability (10-20 minutes):** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization (<5 minutes):** Write, type, or say the memory verse for the week.

**Review Previous Week (<5 minutes):** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks (20-30 minutes):** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel (<5 minutes):** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training (5-15 minutes):** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals (<5 minutes):** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus (<5 minutes):** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week (<5 minutes):** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 1

Creation: How did it all begin?

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks. (Genesis 1:1-31, 2:1-3, 15-17)

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 2

Fall: What went wrong?

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks. (Genesis 3:1-24)

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 3

Rescue: Is there any hope?

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks. (Genesis 22:1-18)

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 4

Rescue: Is there any hope?

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks. (Mark 15:1-16:8)

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 5

Restoration: What will the future hold?

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks. (Revelation 20:10-21:1-8)

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 6

### Command of Christ: Repent and Believe

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 4:17

The Passage: Luke 7:36-50

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 7

### Command of Christ: Be Baptized

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 28:19

The Passage: Acts 8:26-39

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 8

### Command of Christ: Pray

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 6:9-13

The Passage: Matthew 6:5-15

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**D-Group Temperature check:** How is the group going? What is going well? How can we improve?

## Week 9

### Command of Christ: Go... Make Disciples

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 28:19-20

The Passage: John 4:4-42

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 10

### Command of Christ: Persevere

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 10:22

The Passage: Acts 5:27-42

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 11

### Command of Christ: Love

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 22:37-39

The Passage: Luke 10:25-37

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 12

### Command of Christ: Lord's Supper

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 26:26-28

The Passage: Luke 22:7-20

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 13

### Command of Christ: Give

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Matthew 6:1-4

The Passage: Matthew 12:41-44

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 14

### Command of Christ: Gather

#### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

#### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Read these verses as a group and talk through the 4 Blocks.

Commands of Christ: Acts 2:36-47

The Command: Hebrews 10:24-25

The Passage: Acts 2:36-47

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

#### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

# Week 15

## Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

## Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

## Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

# Week 16

## Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

## Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

## Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**D-Group Temperature check: How is the group going? What is going well? How can we improve?**

## Week 17

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 18

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 19

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 20

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 21

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 22

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 23

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 24

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**D-Group Temperature check: How is the group going? What is going well? How can we improve?**

## Week 25

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 26

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 27

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 28

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**Begin to pray for who you would like to start a group with next.**

## Week 29

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 30

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**Who will you ask to be in your next group? Create a list of names of people you are considering asking and bring in your lists by Week 32.**

## Week 31

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 32

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**Pray over your list of names and discuss as a group.**

**D-Group Temperature check: How is the group going? What is going well? How can we improve?**

## Week 33

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 34

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**Set a date to ask these people to join a group with you.**

## Week 35

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

# Week 36

## Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

## Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

## Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

**Bring final names of people you have asked and want to be in a group with you and pray over them.**

## Week 37

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 38

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 39

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Week 40

### Look Back

**Weekly Update:** What are your highs and lows from the past week?

**Prayer:** Thank God for the highs, and pray through any prayer requests. Pray for the group's willingness to be vulnerable and held accountable.

**Loving Accountability:** Sin battle, SMART Goals, Evangelism, etc.

**Scripture Memorization:** Write, type, or say the memory verse for the week.

**Review Previous Week:** Briefly summarize what you discussed in last week's "Look Up" time.

### Look Up

**Prayer:** Ask God to open your hearts as you discuss his Word.

**4 Blocks:** Each person shares a day from their 4 Blocks Journal/devotional from the past week and discusses what God has been teaching them.

**Gospel:** Share the gospel in a clear and concise way. (can use one of the training tools)

**Training:** Choose a training tool from our resource page to walk through together.

### Look Forward

**SMART Goals:** What new goals will you have? What goals will you keep/revise?

**Evangelistic focus:** Who are you praying for? Who are you meeting with? Who are you sharing the Gospel with?

**Next Week:** Settle the logistics for the upcoming week.

What is the Scripture our group will memorize?

What roles will each person have?

When and where are we meeting next?

**Prayer:** Pray for the upcoming week and the grace needed to walk in obedience.

## Scripture Memorization Bank

Hebrews 12:1-2	Psalm 1	Ephesians 3:20
Romans 3:23	Psalm 23	Ephesians 2:8
Romans 5:8	Hebrews 10:24-25	Ephesians 4:29
Romans 6:23	Colossians 3	Isaiah 41:10
Galatians 2:20	Romans 12:2	2 Corinthians 9:8
Romans 8:1	Colossians 1:17	2 Corinthians 5:21
Philippians 4:6-7	Ephesians 2:10	1 John 4:10
Galatians 5:1	Psalm 73:25-26	Psalm 118: 5-8
John 10:10	Romans 8:31-32	1 John 1:9
Mark 8:35-36	1 Thessalonians 5:9-10	1 Thessalonians 5:16-18
Isaiah 26:3	Hebrews 4:15-16	Deuteronomy 8:3
Isaiah 40:31	Psalm 100	Lamentations 3:22-23
Matthew 6:33-34	Mark 12:30-31	John 14:6
Matthew 7:13-14	Luke 16:13	Romans 8:38-39
Matthew 16:24-26	John 13:34-35	1 Corinthians 1:18
Galatians 5:22-23	Galatians 6:9-10	2 Corinthians 5:17
Philippians 2:3-4	Ephesians 1:7	Philippians 1:6
Philippians 4:4-8	Titus 2:11-14	Titus 3:5
Hebrews 11:1	James 1:2-4	Proverbs 3:5-6
Psalm 119:105	Psalm 16:5-6	Psalm 16:11
	Isaiah 41:13	

# Training Tools

## Discipleship and Personal Growth

### Personal Assessment of Spiritual Disciplines

This is a resource that helps you think through and assess your spiritual disciplines and better make SMART Goals to grow in these disciplines.

### How to Preach the Gospel to Yourself

The gospel is what frees us ultimately and daily. We must regularly preach the gospel to ourselves to help us better rest in Jesus.

### Idol inventory

John Calvin said, "The human heart is an idol factory." We constantly make other things the center of our worship. This resource is helpful for identifying idols, seeing their insufficiency, and for seeing how God is better than anything else. It helps us with the core of discipleship which is right worship of God.

### Church Circle

In Acts 2:36-47, we see the elements that were present in the first church. These elements are core to any church. If any of these 10 elements are missing, it is not a true church. This resource walks through these elements, and it helps us process what a true local body of believers should look like.

## Evangelism

### Oikos Map

This tool helps organize and think through those in your life that are far from God. It is useful for intentional prayer and evangelism.

### Three Circles

This is a tool that is a simple way to explain and share the gospel.



**Scan here for online  
booklet with links to  
each training tool**



### 15 Second Testimony

Often times you only have a short amount of time to share with people the hope you have in Christ. This is a helpful resource for simply sharing how Jesus has changed your life and beginning a gospel conversation.

### Person of Peace

When sharing the gospel, there are many who will reject the message, but there are also many who God's Spirit has been working on their heart and are ready to embrace the gospel. This resource is helpful for identifying these people.

### House of Peace

This is a helpful resource for how to look for those that may be receptive to the gospel when entering into a new community or season of life.

### Four Worldview Questions

These four questions can be used to help begin gospel conversations.

How did the world come into existence?

What's wrong with the world?

Is there any hope to fixing the problems of the world?

What is your purpose in life?

### The Story

This is a helpful resource for sharing the gospel with others. It tells of God's great story and helps begin gospel conversations.

### Gospel Opportunities Transitions

This resource helps train how to turn every day conversation into gospel conversations.

### Romans Road to Salvation

The Book of Romans is rich. There are many verses that can be memorized and used as a path to explain the gospel.



**Scan here for online  
booklet with links to  
each training tool**



## Resources

The vast majority of this guide has been compiled from several different resources. Much of the material from this guide and the sources used were introduced by Dr. George Robinson, a Professor of Global Disciple Making at Southeastern Baptist Seminary (SEBTS). A major resource introduced by Dr. Robinson is an organization called **No Place Left** (NPL). NPL is a ministry that exists to multiply "disciples, churches, leaders, and movements until there is #noplacelleft." The Story plan, Commands of Christ plan, three-thirds method, and many of the training tools are pulled directly or modified from NPL. Other training tools from Dr. Robinson's Personal Discipleship course include the Personal Assessment of Spiritual Disciplines, How to Preach the Gospel to Yourself, Idol Inventory, and Gospel Opportunities. Pastor Robby Gallaty's **Replicate Ministries** has also played a role in the formation of this guide.

The 4 Blocks interpretation method also pulls from various sources including: the Sword Method found in No Place Left's resources, the **7 Arrows** method created by Matt Rogers and Donny Mathis, Bryan Chapell's **Christ-Centered Preaching: Redeeming the Expository Sermon**, Robert L. Plummer's **40 Questions About Interpreting the Bible**, **Engaging Exposition** written by Daniel L. Akin, Bill Curtis, and Stephen Rummage, and **7 Steps of Interpretive Study** from Dr. Dwayne Milioni's Biblical Exposition I course at SEBTS.





